


July 2025| MENU
Pre-K
Wake County Public School
System
Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	03	04 
07 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Mandarin Oranges	08 <u>Breakfast</u> WG Breakfast Pizza Strawberry Applesauce Cup <u>Lunch</u> Chicken Chalupas on WG Flatbread Black Beans ✓ Salsa ✓ Pineapple Tidbits	09 <u>Breakfast</u> WG French Toast Sticks ✓ Pineapple Tidbits <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ Buttered Broccoli ✓ 100% Fruit Blend Juice	10 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	11 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
14 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Orange Chicken & Brown Rice Bowl Ginger Broccoli ✓ Seasoned Carrots ✓ Mandarin Oranges	15 <u>Breakfast</u> WG Breakfast Pizza Applesauce Cup <u>Lunch</u> Beef Nachos with WG Chips Spicy Pinto Beans ✓ Pineapple Tidbits	16 <u>Breakfast</u> WG French Toast Sticks ✓ Mandarin Oranges <u>Lunch</u> Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli ✓ Garlic Spinach ✓ Fresh Fruit	17 <u>Breakfast</u> Southern Chicken Biscuit Pineapple Tidbits <u>Lunch</u> Pulled Pork Sandwich on WG Bun Coleslaw ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	18 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
21 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Pineapple Tidbits	22 <u>Breakfast</u> WG Breakfast Pizza Mandarin Oranges <u>Lunch</u> Beef & Rice Bowl Tortilla Chips Black Beans ✓ Salsa ✓ Fresh Fruit	23 <u>Breakfast</u> WG French Toast Sticks ✓ Strawberry Applesauce Cup <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ 100% Fruit Blend Juice	24 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	25 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
28 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken WG Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Mandarin Oranges	29 <u>Breakfast</u> WG Breakfast Pizza Strawberry Applesauce Cup <u>Lunch</u> Chicken Chalupas on WG Flatbread Black Beans ✓ Salsa ✓ Pineapple Tidbits	30 <u>Breakfast</u> WG French Toast Sticks ✓ Pineapple Tidbits <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ Cucumber Sticks & Dip ✓ 100% Fruit Blend Juice	31 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	

2025 Pre-K Meal Prices:

Full Price Breakfast: \$1.75
Reduced Price Breakfast: Free, while funding is available
Full Price Lunch: \$3.50
Reduced Price Lunch: \$.40
 Adults: A la Carte Pricing

CEP School meals are free for all

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

✓ Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches available upon request

Menu selection is subject to change at any time.

*This institution is an equal opportunity provider.
 Esta institución ofrece igualdad de oportunidades.*